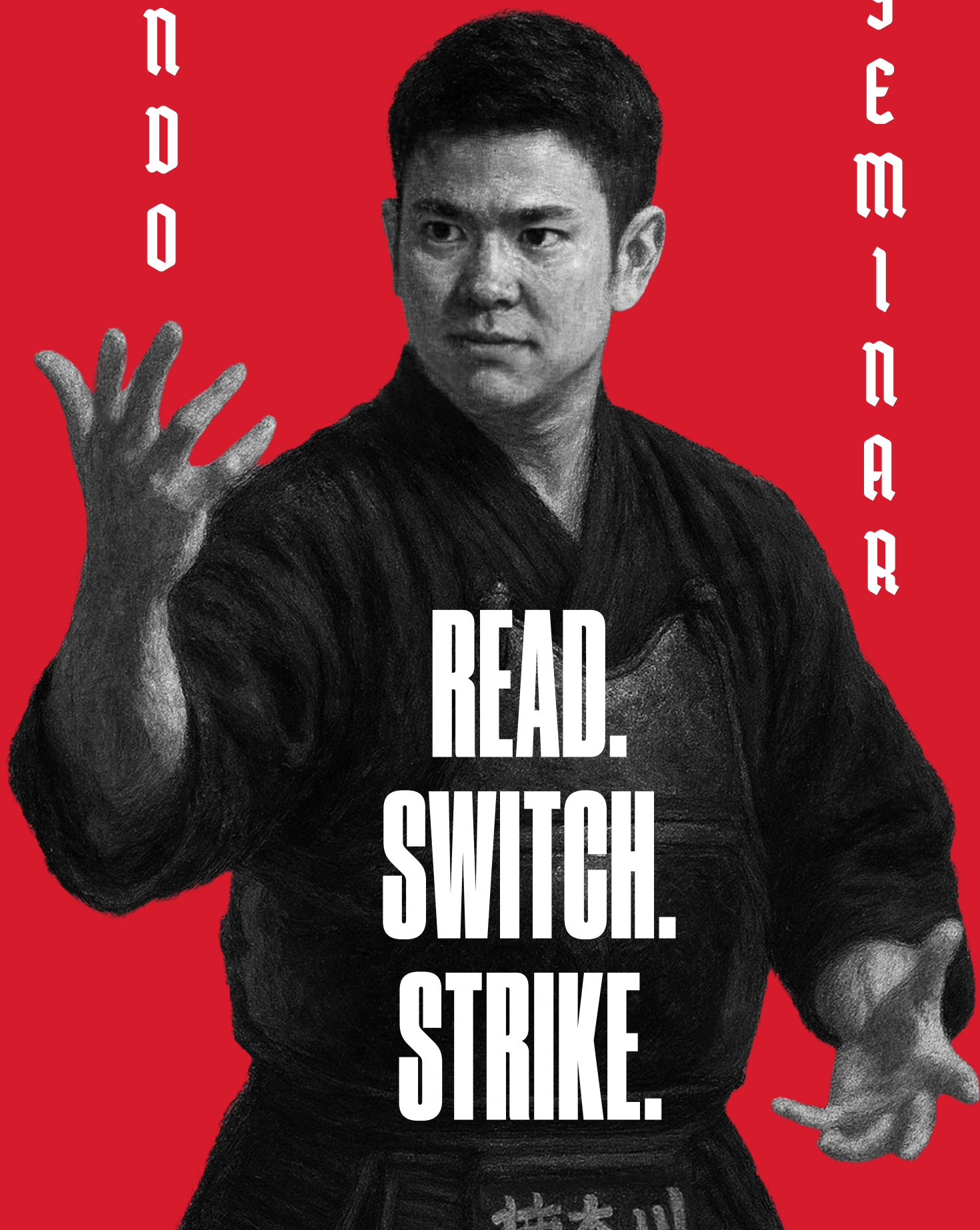


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READ.
SWITCH.
STRIKE.



KENDO SEMINAR

READ. SWITCH. STRIKE.

ADAPTING TO EVERY OPPONENTS KENDO

Takami Masaru

7th Dan, Kanagawa

March 07 - 08. 2026

Winterthur, Switzerland

Place and Time:

Turnhalle Ausserdorf, Wieshofstrasse 59, 8408 Winterthur

Saturday, March 07.2025

09:00 - 18:00

Sunday, March 08.2025

09:00 - 16:00

Lead By:

Takami Masaru, 7th Dan, Japan

Crispin Mårtens, 6th Dan, Switzerland

Seminar Content:

Drawing on training methods from Jitsugyodan (company Kendo) and top Japanese high schools, this seminar series emphasizes a deeper understanding and practical application of seme: developing the ability to recognize and respond effectively to a wide range of opponent types in both Shinsa (grading) and Shiai (competition).

The training will be scenario-based, recreating the dynamics of real matches: motodachi will not simply receive strikes, but actively move, evade, and apply pressure, sharpening decision-making abilities and adaptability under realistic conditions. Strategies for facing and handling Jodan and Nito players will be explicitly addressed.

About Takami Sensei:	Born in Wakayama in 1984, he trained at the famous Kendō powerhouse PL High School in Tondabayashi before studying at Tokai University. He went on to serve with the Kanagawa Prefectural Police, 2nd Riot Police Unit, and competed twice in the All Japan Kendo Championship, as well as in the All Japan Police Kendo Championship and the National Sports Festival (Kokutai).
Seminar Fee:	50 CHF / EUR / USD Flat price for single or both day attendance. Please pay online whenever possible. Onsite cash payments can only be accepted on a very limited exception basis.
Participation:	From Shodan and above Minimum age of 14 at the day of the seminar
Registration:	Please register online via www.goken.ch/takamiseminar
Accommodation:	Not provided this time, Winterthur offers a wide variety of different accommodation types (Hotels, Hostels, AirBnB etc.)
Dinner:	Group dinner in Winterthur after the Saturday session. Details to be announced on Saturday during the seminar.
Disclaimer:	As the organizer, we do not assume any liability, insofar as legally permissible.
Contact:	Please send an email to info@goken.ch

See you in Winterthur!